

# Are you a caregiver for someone with memory loss?

## Want someone to talk to?



If you are a family caregiver or a friend of a person with dementia, our informal meetings offer **resources for problem solving**, **educational information**, as well as **emotional support**.

They are a place where people can **share their experiences and feelings** and hear from others in similar situations.

**You are not alone on this journey.** Come as you are and meet other caregivers with related concerns.

- Meetings are free of charge and available for family caregivers and friends of persons with dementia **(not appropriate for professional caregivers)**
- For additional information please call the facilitator. If the facilitator is unavailable please call 844-HELP-ALZ (844-435-7259)

### DEMENTIA/ALZHEIMER'S CAREGIVER MEETINGS

Location	Date/Time	Facilitator Contact
<b>Buena Park</b> Buena Park Senior Activity Center (in Walter Ehlers Community Recreation Center) 8150 Knott Ave., Buena Park, CA 90620	3 <sup>rd</sup> Friday 10:30 a.m.	Jimin Won 858-859-0153 Catherine Smith 949-422-0836 Center 714-236-3870
<b>Corona del Mar</b> Oasis Senior Center 801 Narcissus Ave., Corona Del Mar, CA 92625	1 <sup>st</sup> Wednesday 10:00 a.m.	Vic Mazmanian 949-310-6682 Jamie Webb 949-485-1478 OASIS 949-644-3244
<b>Costa Mesa</b> Costa Mesa Senior Center 695 W 19th St., Costa Mesa, CA 92627 (Upstairs Room 202, check-in main lobby)	1 <sup>st</sup> Friday 1:00 p.m.	Anna Maurizi 949-400-4878 William Young 714-420-2210 Senior Center 714-327-7550
<b>Cypress</b> Cypress Senior Center 9031 Grindlay St., Cypress, CA 90630 (Conference Room)	3 <sup>rd</sup> Wednesday 1:30 & 7:00 p.m.	Renee R. 310-699-9876 (1:30) Jessica C. 562-716-2826 (7:00) Peggy C. 714-724-1074 (7:00) Senior Center 714-229-2005

## DEMENTIA/ALZHEIMER'S CAREGIVER MEETINGS *continued*

Location	Date/Time	Facilitator Contact
<b>Fullerton</b> Fullerton Community Center 340 W Commonwealth Ave. Fullerton, CA 92835 (Classroom 1A)	1st Monday 7:00 p.m.	Amy Green 717-476-6899
<b>Fullerton</b> Fullerton Gardens 1510 E Commonwealth Ave., Fullerton, CA 92831 <i>Free Respite Care available during meetings, call facility</i>	3 <sup>rd</sup> Thursday 9:30 a.m.	Fullerton Gardens 714-441-2636 Estelle Worden 714-497-0848
<b>Fountain Valley</b> Center at Founders Village Senior/Community Center 17967 Bushard St., Fountain Valley, CA 92708 (Upstairs, check-in main lobby)	2 <sup>nd</sup> Thursday 1:00 p.m.	Sue Warner 714-801-6800 Center 714-593-4446
<b>Huntington Beach</b> Senior Center in Central Park 18041 Goldenwest St., Huntington Beach, CA 92648	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday 6:30 p.m.	Tina Hernandez 714-856-3909 Ellie Nixon 714-642-9458 Senior Center 714-536-5600
<b>Irvine</b> Irvine Adult Day Health Services 20 Lake Rd., Irvine, CA 92604	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday 3:30 p.m.	Irvine Adult Day 949-262-1123 Jill Upton
<b>Irvine - Men's Group</b> Alzheimer's Orange County 2515 McCabe Way, Irvine, CA 92614	2 <sup>nd</sup> Tuesday 6:00 p.m.	Kevin Bigelow 714-227-2194 Dennis Miyadi 714-401-5563
<b>Laguna Beach</b> Susi Q Senior Center 380 3rd St., Laguna Beach, CA 92651 (Park in structure)	1 <sup>st</sup> Wednesday 1:30 p.m.	Pam Leszczynski 949-742-9597 Susi Q 949-464-6645
<b>Laguna Woods</b> Geneva Presbyterian Church 24301 El Toro Rd., Laguna Woods, CA 92637 (Annex)	1st Tuesday 3:30 p.m.	Rowena Cole 949-273-9126 Geneva Presbyterian 949-837-2323
<b>Laguna Woods</b> South County Adult Day Services 24260 El Toro Rd., Laguna Woods, CA 92637 (Also open to non-dementia caregivers) <i>Free Respite Care available during meetings, call facility</i>	3 <sup>rd</sup> Monday 1:30 p.m.	So. County Adult Day 949-855-9444 Shiffy Crane 949-632-7967
<b>Placentia</b> Placentia-Linda Hospital 1301 N Rose Dr., Placentia, CA 92870 (Meeting Room 1, check-in main lobby)	4 <sup>th</sup> Monday 7:00 p.m.	Judy Dickinson 714-524-6951 Linda Henderson 714-993-7417 Hospital 714-993-2000
<b>San Clemente</b> RIO - San Clemente ADHC 2021 Calle Frontera, San Clemente, CA 92673	3 <sup>rd</sup> Friday 10:00 a.m.	Kate Egan & Lisa Matrise 949-498-7671

## DEMENTIA/ALZHEIMER'S CAREGIVER MEETINGS continued

Location	Date/Time	Facilitator Contact
<b>San Juan Capistrano</b> Silverado Senior Living 30311 Camino Capistrano, San Juan Cap., CA 92675 <i>Free Respite Care available during meetings, call facility</i>	3 <sup>rd</sup> Wednesday 10:00 a.m.	Kathy Carchidi 949-933-2765 Silverado 949-240-0550
<b>San Juan Capistrano</b> San Juan Capistrano Community Center 25925 Camino Del Avion, San Juan Capistrano, CA 92675	3 <sup>rd</sup> Thursday 3:00 p.m.	Jacque Schweppe 714-259-7509 Community Ctr 949-493-5911
<b>Seal Beach</b> The Health Care Center on Golden Rain (Leisure World) 1661 Golden Rain Rd., Seal Beach, CA 90740	4 <sup>th</sup> Tuesday 10:00 a.m.	Ellie Nixon 714-642-9458 Heath Center 562-493-9581
<b>Tustin</b> Tustin Senior Center (Enter Main Lobby) 200 South C St., Tustin, CA 92780	2 <sup>nd</sup> Tuesday 3:30 p.m.	Jacque Schweppe 714-259-7509 Senior Center 714-573-3340

## FAITH BASED DEMENTIA/ALZHEIMER'S CAREGIVER MEETINGS

Location	Date/Time	Facilitator Contact
<b>Laguna Niguel</b> St. Timothy's Catholic Church 29102 Crown Valley Pkwy, Laguna Niguel, CA 92677 (Upstairs, View Room)	2 <sup>nd</sup> Saturday 10:30 a.m.	Terri Loquercio 949-309-6055 St. Timothy's 949-249-4091
<b>Lake Forest</b> Saddleback Church 1 Saddleback Pkwy, Lake Forest, CA 92630 (Room 312)	1 <sup>st</sup> Monday 7:00 p.m.	Vic Mazmanian 949-310-6682 Saddleback 949-609-8000
<b>Newport Beach</b> Our Lady Queen of Angles Catholic Church 2046 Mar Vista Dr., Newport Beach, CA 92660 (Parish Center Staff Lounge)	1 <sup>st</sup> Tuesday 7:00 p.m.	Jim Casey & Patty Mouton 949-640-1750 Our Lady 949-644-0200
<b>Newport Beach</b> St. Andrew's Presbyterian Church 600 St Andrews Rd, Newport Beach, CA 92663 (Room B016)	3 <sup>rd</sup> Tuesday 3:00 p.m.	Roger Riley 949-697-8707 Donna Shockley 949-675-1904 St. Andrew's 949-631-2880
<b>Orange</b> St. Paul's Lutheran Church 1250 E Heim Ave, Orange, CA 92865 (Room 4 (Sewing), enter off canal parking lot)	1 <sup>st</sup> Tuesday 5:30 p.m.	Jacque Schweppe 714-259-7509 Estelle Worden 714-497-0848 St. Paul's 714-637-2640
<b>Orange</b> First Christian Church of Orange 1130 E Walnut Ave, Orange, CA 92867 (Fireside Room, across from Sanctuary)	3 <sup>rd</sup> Tuesday 7:00 p.m.	Estelle Worden 714-497-0848 First Christian 714-538-9681
<b>Santa Ana</b> Trinity United Presbyterian Church 13922 Prospect Ave, Santa Ana, CA 92705 (Samaritan Care Center)	1 <sup>st</sup> Thursday 2:30 p.m.	Chris Hoppe 714-538-3823 Nancy Price 714-639-6379 Trinity United 714-544-7850

## SPECIALIZED MEETINGS

Type/Location	Date/Time	Facilitator Contact
<b>Caregivers of Lewy Body &amp; Frontotemporal Dementia</b> Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614	1 <sup>st</sup> Wednesday, 9:30 a.m. 3 <sup>rd</sup> Tuesday, 1:00 p.m.	Donna Velarde, LCSW 949-757-3759
<b>Down Syndrome/Alzheimer's Caregiver Group</b> Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614	3 <sup>rd</sup> Tuesday 10:00 a.m.	Kim Bailey, MSG 949-757-3771
<b>For Individuals with Early Memory Loss</b> (and their care partners) Brea, Irvine and Laguna Woods	Time-limited series Dates/times vary <i>Pre-registration required</i>	Donna Velarde, LCSW 949-757-3759

## DEMENTIA/ALZHEIMER'S CAREGIVER MEETINGS IN OTHER LANGUAGES

Location	Date/Time	Facilitator Contact
<b>Farsi Speaking Support Group</b> OMID Multicultural Institute 4199 Campus Dr., Suite #300, Irvine, CA 92612	2 <sup>nd</sup> Wednesday 10:30 a.m.	Rosa Oloumi 714-366-4477 OMID 949-725-2972
<b>Korean Speaking Support Group</b> Alzheimer's Orange County 2515 McCabe Way, Irvine CA 92614	2 <sup>nd</sup> Tuesday 6:00 p.m.	Erin Kim, LCSW 951-809-3007
<b>Spanish Speaking Support Group</b> South Coast Global Medical Center (formerly Coastal Communities Hospital) 2701 S. Bristol St., Santa Ana, CA 92704 (Conference Room A-B)	2 <sup>nd</sup> Wednesday 6:00 p.m.	Norma Castellano 949-757-3767 Hospital 714-754-5454
<b>Spanish Speaking Support Group</b> St. Boniface Catholic Church 120 N. Janss St., Anaheim, CA 92805	1 <sup>st</sup> Wednesday 10:00 a.m.	Norma Castellano 949-757-3767 St. Boniface 714-956-3110
<b>Vietnamese Speaking Support Group</b> CalOptima PACE 13300 Garden Grove Blvd., Garden Grove CA 92843	2 <sup>nd</sup> Thursday 10:00 a.m.	Minh-Thu Co 949-757-3756 PACE 714-468-1100

Updated 7.24.17

These meetings are free of charge and available for caregivers, family and friends of persons with dementia. All meetings listed are co-sponsored by Alzheimer's Orange County and are in compliance with organization standards.