

Adaptive Tools & Assistive Devices

For Independence and Safety in the Home

A simple change to the home environment can positively impact your loved one's home safety. Utilizing adaptive tools and assistive technology can support your care recipient's everyday needs while also keeping them safe from any environmental threats.

NON-SLIP BATHROOM MAT AND SLIPPERS

Floors may be slippery when exiting the shower or bath, which can lead to a trip, slip, or fall. Having a non-slip surface inside and outside of the shower can offer stability. In addition, the proper bathroom adaptations can enable your relative to remain independent longer.



MOTION SENSING CAMERA

To decrease the risk of falls and wandering, a motion sensing camera is an effective tool to monitor an individual with dementia. This device can be linked to your phone and help decrease your worry as a caretaker knowing that you are able to keep an eye on your loved one.



CONFOUNDING DOOR LOCK

As the disease progresses, wandering can become a concern for those living at home. Installing a doorknob cover or door lock can keep your relatives safe by making any door more difficult to open. The door lock does not require a key, but caregivers can use a simple trick to open the lock.



Pictures from <https://www.alzstore.com/>

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BATHROOM MOTION SENSOR LIGHTS

It may be difficult for a person with dementia to find the toilet at night. To decrease disorientation, installing motion sensor lights in the hallways leading to the bathroom can help the person find their way to the toilet. Nightlights are also a great alternative to brighten the rooms to prevent the risk of falls.

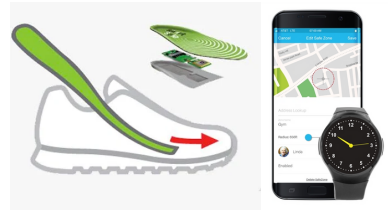


BATHROOM SIGNAGE

Placing a sign in front of a door is a simple yet effective adaptation that can be made to any home. An individual with dementia may need visual guidance to find the bathroom during times of urgency to avoid an incontinence accident. Signage can be useful for your loved to find their way around other rooms, including the bedroom, kitchen, and other communal areas.

GPS TRACKER

There are many types of GPS trackers available to locate a person when they wander and get lost. A shoe tracker can be easily slipped into your loved one's walking shoes. GPS trackers can also come in different forms, such as a bracelet, necklace tag, watch, and key chain. When choosing the right GPS tracker, it is important to choose a place where it is less likely to be removed from your loved one or become lost.



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ADAPTIVE DINNERWARE

By providing color contrast, red dinner plates and utensils have been effectively known to stimulate the appetite and improve mealtime participation. Using a scoop dish and built-up utensils can also increase independence and decrease spillage of foods.



REFRIGERATOR LOCK

Some individuals with dementia may mistakenly eat or drink harmful substances in their fridge, such as accidentally consuming raw meat or mistaking salad dressing as their favorite juice. The symptom of diminished sense of smell and taste can also make it difficult for your relative to detect spoiled food. A lock for the fridge can increase kitchen safety to avoid these accidents.

AUTOMATIC STOVE/OVEN CONTROL

Kitchen safety is critical in terms of preventing fires or self-injuries, such as a severe burn. This device allows you to control when the stove/oven can be used and it turns it off when unattended. Other kitchen appliances can be hazardous as well so make sure you unplug appliances when not in use.



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MEMORY PICTURE PHONE

Remembering a phone number may be challenging for your care recipient. A memory picture phone can make calling simpler with the option of pressing the picture of the person your loved one would like to call.



BATHROOM GRAB BARS

A grab bar can allow your relative to get in and out of the bathroom with extra support and safety. Grab bars are handy to install near the bathtub/shower or near the toilet to decrease the risk of falling.

Adaptive tools and assistive devices can improve overall independence and safety in your loved one's daily routine. Please refer to our home safety handout and our home safety checklist page for more information and tips on how to improve home safety.

**WE CAN HELP!
ALZHEIMER'S ORANGE COUNTY
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FOR MORE CAREGIVER TIPS
VISIT US AT
WWW.ALZOC.ORG/RESOURCES**

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