

## What Is Respite Care?

Respite care provides short-term relief for primary [caregivers](#). It can be arranged for just an afternoon or for several days or weeks. Care can be provided at home, in a healthcare facility, or at an adult day center.

## Respite Care Costs

Respite services charge by the hour or by the number of days or weeks that services are provided. Most insurance plans do not cover these costs. You must pay all costs not covered by insurance or other funding sources. Medicare will cover most of the cost of up to 5 days in a row of respite care in a hospital or skilled nursing facility for a person receiving hospice care. Medicaid also may offer assistance.

## Finding Respite Care Services

The [ARCH National Respite Locator Service](#) can help you find services in your community. In addition, the [Well Spouse Association](#) offers support to the wives, husbands, and partners of chronically ill or disabled people and has a nationwide listing of local support groups.



**We Can Help!**

**Alzheimer's Orange County**

**Call 844.373.4400**

**For more caregiver tips**

**Visit us at:  
[www.alzoc.org/resources](http://www.alzoc.org/resources)**

**Information taken from the Alzheimer's Foundation Of America**

**[www.alzfdn.org](http://www.alzfdn.org) | Reviewed by AlzOC Aug 2022**