



# Breaking Through the Taboo:

How Do I Know When a Loved One Needs More Help?

**Saturday, June 22nd, 2024 | 11:30 AM - 1:00PM**

Sometimes we may not recognize when our older loved ones struggle with the basics of aging on their own. Join us to learn about common red flags that signal issues, how to approach often-difficult conversations, and find the best plan for optimizing well-being. Bring your questions!

Conference Center Room  
**Fullerton Public Library**

353 W Commonwealth Ave,  
Fullerton, CA 92832

**No RSVP Needed**

**Alzheimer's**  
ORANGE COUNTY | MEMORY  
SUPPORT  
SERVICES  
Helpline: 844-373-4400



FULLERTON PUBLIC  
**LIBRARY**