

Healthy Aging Center Acacia July 2024 Snack Menu


Monday	Tuesday	Wednesday	Thursday	Friday
1. Peach Cup in Natural Juice (1/2 cup) Cottage Cheese (2 oz)	2. Yogurt – Low Fat (4 oz) Pineapple (1/2 cup)	3. Mandarin Orange Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	4. 	5. Sliced Apple Bag (1/2 cup) Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent)
8. Mandarin Orange Cup in Natural Juice (1/2 cup) Yogurt – Low Fat (4 oz)	9. Jungle Cracker Bag - WGR (1 oz equivalent) Sliced Apple Bag (1/2 cup)	10. Pineapple Cup in Natural Juice (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	11. Wheat Cracker Bag - WGR (1 oz equivalent) String Cheese (1 oz)	12. Mixed Fruit Cup in Natural Juice (1/2 cup) Mini Bagel - WGR (1 oz)
15. Applesauce Cup (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	16. Cheez-It Cracker Bag - WGR (.78 oz) (1 oz equivalent) String Cheese (1 oz)	17. Mini Bagel - WGR (1 oz) Mandarin Orange Cup in Natural Juice (1/2 cup)	18. Sliced Apple Bag (1/2 cup) Yogurt – Low Fat (4 oz)	19. Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent) Banana (1/2 cup)
22. Jungle Cracker Bag - WGR (1 oz equivalent) Yogurt – Low Fat (4 oz)	23. Mandarin Orange Cup in Natural Juice (1/2 cup) String Cheese (1 oz)	24. Cottage Cheese (2 oz) Sliced Apple Bag (1/2 cup)	25. Banana (1/2 cup) Honey Graham Cracker Bag – WGR (.78 oz) (1 oz equivalent)	26. Mini Bagel - WGR (1 oz) Swiss Cheese Slices (1 oz)
29. Wheat Cracker Bag - WGR (1 oz equivalent) String Cheese (1 oz)	30. Applesauce Cup (1/2 cup) Goldfish Pretzel Bag – WGR (1 bag = 1 oz equivalent)	31. Yogurt – Low Fat (4 oz) Banana (1/2 cup)	Adult Snack Menu The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627	*WGR – Whole Grain Rich *All fruit cups are served in natural fruit juices. The menu is subject to change.

The Child and Adult Care Food Program is a component of the USDA and administered by The California Department of Education, Nutrition Services Division. This institution is an equal opportunity provider.

Kikkoman Soy Milk is offered to participants when indicated due to a medical or other special dietary need.

Healthy Aging Center Acacia

July 2024 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1.	2.	3.	4.	5.
<p style="text-align: right;">(3.15 oz)</p> <p>Chicken Parmesan</p> <p>Peas (1/2 c.) Mixed Fruit (1/2 c.) French Roll - WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Meatballs (Beef) with BBQ Sauce</p> <p>Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz.) 1% Milk (8 oz)</p>	<p>Cheeseburger on a Bun - WGR</p> <p>Hamburger Patty (2.5 oz) Cheese (1 slice) Bun - WGR (2 oz) Ketchup (1 oz) Red Potatoes (1/2 c.) Pears (1/2 c.) 1% Milk (8 oz) Celebration Dessert</p>		<p>Soft Tacos</p> <p>Ground Turkey Taco Meat (3 oz) Corn (1/2 c.) Mild Salsa (1 oz) Pineapple (1/2 c.) Tortillas - WGR (2 oz) 1% Milk (8 oz)</p>
8.	9.	10.	11.	12.
<p style="text-align: right;">(3 oz)</p> <p>Korean BBQ Chicken</p> <p>Steamed Carrots (1/2 c.) Pears (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2.4 oz)</p> <p>Beef Patty w/ Mushrooms</p> <p>Peas (1/2 c.) French Roll - WGR (2 oz) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2.25 oz)</p> <p>Tuna Salad, Sliced Bread - WGR</p> <p>Tuna Salad (3 oz) Bread – WGR (2 slices) Green Beans (1/2 c.) Banana (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Beef Meatballs with Kabob Seasoning</p> <p>Meatballs (4 each = 2 oz) Tomatoes with Red Onion Garnish (1/2 c.) Basmati Rice - WGR (1 c.) Applesauce (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Glazed Pineapple Chicken</p> <p>Mixed Vegetables (1/2 c.) Peaches (1/2 c.) Roll - WGR (2 oz) 1% Milk (8 oz)</p>
15.	16.	17.	18.	19.
<p>Meatball Hoagie</p> <p>Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Sweet and Sour Chicken</p> <p>Carrots (1/2 c.) Peaches (1/2 c.) Brown Rice - WGR (1 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Beef Meatloaf</p> <p>Mixed Vegetables (1/2 c.) Banana (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.3 oz)</p> <p>Cheese Lasagna- WGR</p> <p>Peas and Carrots (1/2 c.) Roll - WGR (2 oz) Pears (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Chicken Dippers</p> <p>Green Beans (1/2 c.) Basmati Rice - WGR (1 c.) Applesauce (1/2 c.) 1% Milk (8 oz)</p>
22.	23.	24.	25.	26.
<p style="text-align: right;">(3 oz)</p> <p>BBQ Chicken Sandwich</p> <p>Green Beans and Onions (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(2 oz)</p> <p>Beef Meatballs with Fajita Vegetables</p> <p>Meatballs (4 each = 2 oz) Broccoli Normandy (1/2 c.) Basmati Rice - WGR (1 c.) Pears (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.6 oz)</p> <p>Baked Cajun Fish</p> <p>Roll – WGR (2 oz) Tartar Sauce (1 oz) Red Potatoes (1/2 c.) Peaches (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Salisbury Steak</p> <p>Peas (1/2 c.) Mixed Fruit (1/2 c.) Bread – WGR (2 oz) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3 oz)</p> <p>Chicken w/ Tomatoes</p> <p>Steamed Carrots (1/2 c.) Brown Rice – WGR (1 c.) Banana (1/2 c.) 1% Milk (8 oz)</p>
29.	30.	31.		
<p style="text-align: right;">(2.5 oz)</p> <p>Chicken Verde</p> <p>Black Beans (1/2 c.) Mild Salsa (1 oz) Mixed Fruit (1/2 c.) Tortilla - WGR (2 oz) 1% Milk (8 oz)</p>	<p>Meatball Hoagie</p> <p>Meatballs (4 each = 2 oz) French Roll - WGR (2.6 oz) Red Potatoes (1/2 c.) Pineapple (1/2 c.) 1% Milk (8 oz)</p>	<p style="text-align: right;">(3.62 oz)</p> <p>Chicken Patty and Gravy</p> <p>Chicken Patty Grilled (2.62 oz) Gravy (1 oz) Green Beans (1/2 c.) Diced Peaches (1/2 c.) Roll – WGR (2 oz) 1% Milk (8 oz)</p>	<p style="color: red; font-weight: bold;">The menu is subject to change.</p> 	<p>The Great American Lunch Box 2620 Newport Blvd. Costa Mesa, CA 92627</p> <p style="text-align: center;">REVISED 6/14</p>

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11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Center Business Hours
 Monday - Friday
 7:00am - 4:30pm

CBAS Program Hours
 Monday - Friday
 9:00am - 3:00pm

ADHC/ADP Program Hours
 Monday - Friday
 8:00am - 3:00pm

Breakfast will be provided
 Until 10:00am
Lunch will be served.
 At 12:00pm

Program Operations Manager
 Natalie Franks
Activities Coordinator
 Kate Koo
Activities Coordinator Assistant
 Agnes Tolentino

Activities subject to change
 If you are in need of additional support, would like to learn more about the services and resources we provide or need someone to talk to, please call our Helpline
844-373-4400

Maintenance
Physical Therapy
 8:00am to 11:30am &
 12:30pm to 2:30pm

Maintenance
Occupational Therapy
 8:00am to 11:30am
 12:30pm to 1:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 am Pledge of Allegiance 9:15 am Aloha Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Amanda & C 1:30 pm Parachute Game w/ Mai & Mia 1:45 pm Travel Video</p>	<p>2</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:00 am I Love America Bingo 11:00 am Table Games 1:00 pm Move to the Beat w/ Dee 1:00 pm Nail & Hand care 1:30 pm Socks Matching Game 1:45 pm Just for Laugh Gags Show</p>	<p>3</p> <p><i>4th of July Celebration</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Jeffren * 10:00 am Dance & Celebrate w/ Marco 10:00 am Music Class w/ Mai 11:00 am 4th of July Craft 1:00 pm Fitness Fun w/ Devon * 1:15 pm Puzzles w/ Friends 1:45 pm The Price is Right Show</p>	<p>4</p> <p>Closed FOR THE 4th OF JULY</p>	<p>5</p> <p><i>Fun in the Sun</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Outdoor fun activities 10:00 am Water Balloon Toss 10:30 am Polynesian Dance Therapy w/ Katherine 11:00 am Table Games 1:00 pm Aloha Bingo 1:15 pm Number Games 1:45 pm Movie Time</p>  
<p>8</p> <p>9:00 am Pledge of Allegiance 9:15 am Quiz Mo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Amanda & C 1:00 pm Chair Kickball w/ Mai & Mia 1:00 pm Dominos & Tri - Ominos 1:45 pm Travel Video</p>	<p>9</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am ESL Class w/ Mai 10:30 am Fiesta Bingo 11:00 am Table Games 1:00 pm Move to the Beat w/ Dee 1:15 pm Dominos & Tri- Ominos 1:30 pm Nail & Hand Care 1:45 pm Just for Laugh Gags Show</p>	<p>10</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Jeffren* 10:00 am Number Games 10:00 am Music Class w/ Mai 10:00 am Nutrition Bingo 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon * 1:00 pm Dominos & Tri Ominos 1:15 pm Watercolor Expressions 1:45 pm The Price is Right Show</p>	<p>11</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Music Appreciation w/ Greg * 10:00 am Acacia ESL class w/ Carol 11:00 am Table Games 1:00 pm Let's Mambo w/ Mai 1:15 pm Sensory Spa 1:30 pm Socks Matching Game 1:45 pm Cultural Video</p>	<p>12</p> <p><i>Friendship Day</i></p> <p>9:00 am Pledge of Allegiance 9:15 am The Price is Right 10:00 am BFF bracelets making 10:00 am Puzzles w/ Friends 10:30 pm Let's Flex & Stretch w/ Friends 11:00 am Table Games 1:00 pm Sweet Bingo 1:30 pm Trivia 1:45 pm Movie Time</p> 
<p>15</p> <p>9:00 am Pledge of Allegiance 9:15 am Disney Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Amanda / C 1:00 pm Dart Ball w/ Mia 1:00 pm Dominos & Tri Ominos 1:45 pm Movie Time</p>	<p>16</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer * 10:00 am Number Games 10:30 am Quiz Mo 11:00 am Table Games 1:00 pm Move to the Beat w/ Dee 1:00 pm Nail & Hand Care 1:00 pm Socks Matching Game 1:45 pm Just for Laugh Gags Show</p>	<p>17</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 10:00 am Number Games 10:00 am Watercolor Expressions 10:00 am Nutrition Bingo 11:00 am Table Games 1:00 pm Fitness Fun w/ Devon* 1:00 pm Dominos & Tri Ominos 1:45 pm The Price is Right Show</p>	<p>18</p> <p>9:00 am Pledge of Allegiance 9:15 am Sweet Bingo 10:00 am Acacia ESL class w/ Carol 10:00 am Music Appreciation w/ Greg * 11:00 am Table Games 1:00 pm Let's Mambo w/ Mia 1:15 pm Sensory Spa 1:45 pm Cultural Video</p>	<p>19</p> <p><i>Summer Music Festival</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Quynh Music Singers * 10:00 am Dominos & Tri Ominos 10:45 am Color & Chat 11:00 am Table Games 1:00 pm Care - Eoke w/ Caroline 1:15 pm Music Trivia 1:45 pm Movie Video</p> 
<p>22</p> <p>9:00 am Pledge of Allegiance 9:15 am Music Bingo 10:00 am Health & Wellness w/ Matthew * 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Amanda / C 1:00 pm Bean Bag Toss Mia 1:00 pm Color and Chat 1:45 pm Movie Time</p>	<p>23</p> <p>9:00 am Pledge of Allegiance 9:15 am Art Class w/ Jennifer* 10:00 am Number Games 10:30 am Disney Bingo 11:00 am Table Games 1:00 am Move to the Beat w/ Dee 1:00 pm Nail & Hand Care 1:00 pm Puzzles w/ Friends 1:45 pm Just for Laugh Gags Show</p>	<p>24</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee * 10:00 am Table Games 10:30 am Nutrition Bingo 11:00 am Balloon Volleyball 1:00 pm Fitness Fun w/ Devon * 1:00 pm Dominos & Tri - Ominos 1:15 pm Word Scrabble 1:45 pm The Price is Right Show</p>	<p>25</p> <p><i>Birthday Celebration</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Birthday Bingo 10:00 am Music Appreciation w/ Greg* 10:00 am Acacia ESL class w/ Carol 11:00 am Participant Council Meeting 1:00 pm Lets Mambo w/ Mia 1:15 pm Sensory Spa 1:45 pm Cultural Video</p> 	<p>26</p> <p><i>Senior Summer Olympic</i></p> <p>9:00 am Pledge of Allegiance 9:15 am Sports Bingo 10:00 am Yolf / Golf 10:30 am Bowling Contest 11:00 am Table Games 1:00 pm Parachute 1:00 pm Chair Kickball 1:45 pm Movie Time</p> 
<p>29</p> <p>9:00 am Pledge of Allegiance 9:15 am Fiesta Bingo 10:00 am Stretch & Flex w/ Dee 10:00 am Memories in the Making 11:00 am Table Games 1:00 pm Gardening w/ Amanda/ C 1:00 pm Cone Toss Mai & Mi 1:00 pm Color and Chat 1:45 pm Movie Time</p>	<p>30</p> <p>9:00 am Pledge of Allegiance 9:15 am Let's paint w/ Jennifer * 10:00 am Number Games 10:30 am Loteria 11:00 am Quiz Mo 1:00 am Move to the Beat w/ Dee 1:00 pm Nail & Hand Care 1:00 pm Puzzles w/ Friends 1:45 pm Just for Laugh Gags Show</p>	<p>31</p> <p>9:00 am Pledge of Allegiance 9:15 am Cooking Class w/ Dee 10:00 am Arts & Craft w/ Ashley 10:30 am Polynesian Dance Therapy w/ Katherine * 11:00 am Table Games 1:00 pm Fitness Fun w/ Caroline 1:00 pm Dominos & Tri - Ominos 1:45 pm The Price is Right Show</p>	<p>July 2024</p> 	<p>REMINDER</p> <p>7/3 - wear red, white & blue 7/5 - wear summer colors or yellow 7/12 - wear matching outfit w/ your Friends or colors of choice 7/19 - favorite music artist/ Band Shirt or black 7/26 - wear Alzoc shirt</p>



11391 Acacia Parkway
Garden Grove, CA 92840
714-530-1566

Horario del Centro

Lunes - Viernes
 7:00am - 4:30pm
Horario de CBAS

Lunes - Viernes
 9:00am - 3:00pm

Horas de ADHC/ADP

Lunes - Viernes
 8:00am - 3:00pm

Se proporcionará desayuno.

Hasta las 10:00am

Se servirá el almuerzo.

A las 12:00pm

Gerente de Operaciones

Natalie Franks

Coordinadora de Actividades

Kate Koo

Asistente Coordinadora de Actividades

Agnes Tolentino

Actividades sujetas a cambios

Si necesita apoyo adicional y le gustaría obtener más información sobre los servicios y recursos que brindamos o necesita alguien con quien hablar, llame a nuestra línea de ayuda

844-373-4400

**Mantenimiento
 Terapia física**

8:00am a 11:30am y
 12:30pm a 2:30pm

**Mantenimiento
 Terapia ocupacional**

8:00am a 11:30am
 12:30pm a 1:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 am Juramento de Lealtad 9:15 am Aloha Bingo 10:00 am Salud y bienestar con Matthew * 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Amanda * 1:30 pm Juego de Paracaídas con Mia 1:45 pm Video de viaje</p>	<p>2</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte con Jennifer* 10:00 am Juego de números 10:00 am Clase de inglés con Mai 10:00 am I Love America Bingo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo con Dee 1:00 pm Cuidado de uñas y manos 1:30 pm Juego de emparejar calcetines 1:45 pm Just for Laugh Gags Show</p>	<p>3</p> <p>4th of July Celebration 9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Efren* 10:00 am Bailemos y celebremos con Marco 10:00 am Clase de música con Mai 11:00 am 4th of July Craft 1:00 pm Diversión física con Devon* 1:15 pm Rompecabezas 1:45 pm The Price is Right Show</p>	<p>4</p> <p>Closed FOR THE 4th OF JULY</p>	<p>5</p> <p>Fun in the Sun 9:00 am Juramento de Lealtad 9:15 am Actividades al aire libre 10:00 am Lanzamiento de globos de agua 10:30 am Danza polinesia con Katherine * 11:00 am Juegos de mesa 1:00 pm Aloha Bingo 1:15 pm Juego de números 1:45 pm Matiné de película</p>
<p>8</p> <p>9:00 am Juramento de Lealtad 9:15 am Quiz Mo 10:00 am Salud y bienestar con Matt* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Amanda * 1:00 pm Chair Kickball con Mai y Mia 1:00 pm Dominos & Tri Ominos 1:45 pm Video de viajes</p>	<p>9</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte con Jennifer 10:00 am Clase de inglés con Mai 10:30 am Fiesta Bingo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo con Dee 1:15 pm Dominos & Tri Ominos 1:30 pm Cuidado de uñas y manos 1:45 pm Just for Laugh Gags Show</p>	<p>10</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina /Efren* 10:00 am Juego de números 10:00 am Clase de música con Mai 10:00 am Bingo de nutrición 11:00 am Juegos de mesa 1:00 pm Diversión física /Devon* 1:00 pm Dominos & Tri Ominos 1:15 pm Watercolor Expressions 1:45 pm The Price is Right Show</p>	<p>11</p> <p>9:00 am Juramento de Lealtad 9:15 am Disney Bingo 10:00 am Apreciación Musical con Greg * 10:00 am Clase de inglés con Carol 11:00 am Juegos de mesa 1:00 pm Let's Mambo con Mai 1:15 pm Spa Sensorial 1:30 pm Juego de emparejar calcetines 1:45 pm Video Cultural</p>	<p>12</p> <p>Friendship Day 9:00 am Juramento de Lealtad 9:15 am The Price is Right 10:00 am Fabricación de pulseras 10:00 am Rompecabezas 10:30 pm Flexionar y estirar con amigos 11:00 am Juegos de mesa 1:00 pm Sweet Bingo 1:30 pm Trivia 1:45 pm Matiné de película</p>
<p>15</p> <p>9:00 am Juramento de Lealtad 9:15 am Disney Bingo 10:00 am Salud y bienestar con Matt* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Amanda * 1:00 pm Bola de dardo con Mia 1:00 pm Dominos & Tri Ominos 1:45 pm Video de viajes</p>	<p>16</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte con Jennifer 10:00 am Juego de números 10:30 am Quiz Mo 11:00 am Juegos de mesa 1:00 pm Muévete al ritmo con Dee 1:00 pm Cuidado de uñas y manos 1:00 pm Juego de emparejar calcetines 1:45 pm Just for Laugh Gags Show</p>	<p>17</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 10:00 am Juego de números 10:00 am Watercolor Expressions 10:00 am Bingo de nutrición 11:00 am Juegos de mesa 1:00 pm Diversión física con Devon 1:00 pm Dominos & Tri Ominos 1:45 pm The Price is Right Show</p>	<p>18</p> <p>9:00 am Juramento de Lealtad 9:15 am Sweet Bingo 10:00 am Clase de inglés con Carol 10:00 am Apreciación Musical con Greg * 11:00 am Juegos de mesa 1:00 pm Let's Mambo con Mia 1:15 pm Spa Sensorial 1:45 pm Video Cultural</p>	<p>19</p> <p>Summer Music Festival 9:00 am Juramento de Lealtad 9:15 am Quynh Music Singers * 10:00 am Dominos & Tri Ominos 10:45 am Colorear y charlar 11:00 am Juegos de mesa 1:00 pm Care - Eoke con Caroline 1:15 pm Music Trivia 1:45 pm Matiné de película</p>
<p>22</p> <p>9:00 am Juramento de Lealtad 9:15 am Music Bingo 10:00 am Salud y bienestar con Matt* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Amanda * 1:00 pm Bean Bag Toss Mia 1:00 pm Colorear y charlar 1:45 pm Video de viajes</p>	<p>23</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte con Jennifer 10:00 am Juego de números 10:30 am Disney Bingo 11:00 am Juegos de mesa 1:00 am Muévete al ritmo con Dee 1:00 pm Cuidado de uñas y manos 1:00 pm Rompecabezas 1:45 pm Just for Laugh Gags Show</p>	<p>24</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 10:00 am Juegos de mesa 10:30 am Bingo de nutrición 11:00 am Voleibol con globos 1:00 pm Diversión física con Devon 1:00 pm Dominos & Tri Ominos 1:15 pm Palabras a montones 1:45 pm The Price is Right Show</p>	<p>25</p> <p>Birthday Celebration 9:00 am Juramento de Lealtad 9:15 am Birthday Bingo 10:00 am Apreciación Musical 10:00 am Clase de inglés con Carol 11:00 am Reunión del Consejo de participantes 1:00 pm Let's Mambo con Carolin 1:15 pm Spa Sensorial 1:45 pm Video Cultural</p>	<p>26</p> <p>Senior Summer Olympic 9:00 am Juramento de Lealtad 9:15 am Sports Bingo 10:00 am Yolf / Golf 10:30 am Concurso de boliche 11:00 am Juegos de mesa 1:00 pm Juego de Paracaídas 1:00 pm Kickball en Silla con Mia /Carol 1:45 pm Matiné de película</p>
<p>29</p> <p>9:00 am Juramento de Lealtad 9:15 am Fiesta Bingo 10:00 am Salud y bienestar con Matt* 10:00 am Memories in the Making 11:00 am Juegos de mesa 1:00 pm Jardinería con Amanda * 1:00 pm Cone Toss Mai con Mia 1:00 pm Colorear y charlar 1:45 pm Video de viajes</p>	<p>30</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de arte con Jennifer 10:00 am Juego de números 10:30 am Quiz Mo 11:00 am Juegos de mesa 1:00 am Muévete al ritmo con Dee 1:00 pm Cuidado de uñas y manos 1:00 pm Rompecabezas 1:45 pm Just for Laugh Gags Show</p>	<p>31</p> <p>9:00 am Juramento de Lealtad 9:15 am Clase de cocina con Dee 10:00 am Arte y manualidades /Ashley 10:30 am Danza polinesia 11:00 am Juegos de mesa 1:00 pm Diversión física con Caroline 1:00 pm Dominos & Tri - Ominos 1:45 pm The Price is Right Show</p>	<p>July 2024</p>	<p>REMINDER 7/3 – Vestir de rojo, blanco y azul 7/5 – Usar colores de verano o amarillo 7/12 – Vestir de ropa a juego con sus amigos o con el color que prefieras 7/19 – Usar camisa de su artista o banda favorite o de camisa negra 7/26 – Usar camisa de Alzoc</p>

Find our: YouTube channel: *Healthy Aging Center: Acacia*



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* Specialized Group Activities