The Vital Role of Social Support in Loss:

Assessing and Supplementing Support Systems



with Special Guest Speaker:

Dr. William G. (Bill) Hoy

Thursday, November 14 from 10:00am – 12:00pm A light breakfast will be provided

> O'Connor Mortuary 25301 Alicia Parkway Laguna Hills, CA 92653

Strong social support is one of the most important safeguards against disordered grief. However, many bereaved individuals report that family dysfunction, lack of proximity to loved ones, and social isolation leave them feeling alone in their grief. In this workshop, we'll discuss proven assessment strategies for ascertaining levels of helpful social support, how to provide support in what are referred to as "disenfranchised losses," and to assist bereaved individuals in developing positive social support systems.

Objectives: At the conclusion of this workshop, participants will be able to...

- Describe the dimensions of positive social support and the contours of disenfranchised grief
- Utilize a clinical interview tool to assess levels of social support in complex grief
- Apply techniques to help bereaved individuals develop and access positive social support systems

RSVP to Becky Lomaka at blomaka@oconnormortuary.com

2 CEUs available for Nurses

