

2024 IMPACT REPORT

Bridging the gap of an immediate need

Alzheimer's Orange County serves thousands of families, professionals, and community members each year, offering vital support, care, and education for those affected by Alzheimer's disease or other dementias. Until there's a **cure**, we provide **hope**.



SUPPORT BY THE NUMBERS



Answering the call

Our team received **4,134 Helpline calls** and conducted **1,103 Care Consultations** to provide answers, expert guidance and tailored support for each caller.



Improving understanding & care

15,109 people attended our educational classes on dementia, brain health, and healthy aging, gaining knowledge and skills to better support themselves and those they care for.



Bringing people together to create a community

2,796 attendees participated in support groups, meeting in-person, online, and in multiple languages to share experiences and solutions.

27,101 people served in 2024

WHAT OTHERS ARE SAYING

"They always got back to me right away through email or phone. They would call to check in periodically to see how things were going. Until we went through this process we had no idea how challenging it was from many perspectives. It was great knowing there are excellent resources out there. My brother and I truly appreciate everything your organization did and continues to do for other families."

- Helpline caller

"Your webinars are always excellent! I refer friends and professionals involved in dementia care to your webinars and your support groups."

- Webinar attendee



Promoting active living and socialization

798 attendees participated in **Connect2Culture**, a program offering social activities for individuals in early to moderate stages of dementia and their care partners to connect and engage.



Engaging with healthcare providers

We reached **over 3,000 physicians**, sharing information about our services to expand awareness and improve dementia care in Orange County.



Community outreach for lasting impact

We engaged with **over 10,000 community members** and connected with elected representatives and local officials **183** times to raise awareness and advocate for those affected by dementia.



Enriching lives and providing essential respite

Our adult day center, Healthy Aging Center: Acacia, served **147 individuals** and provided **4,920 hours of therapy**, to help participants stay active, reduce costly care, and give families respite.

DID YOU KNOW?

+ 164K people in Orange County

are estimated to have dementia or mild cognitive impairment (MCI).

Dementia Care & High Emotional Stress

49%

Dementia Caregivers

vs

35%

Non-Dementia Caregivers

“Support programs for unpaid caregivers should be considered as a cost effective way to manage dementia while researchers continue to seek effective treatments.”

Alzheimer’s Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections, CA Dept. of Health (2021)

PROGRAMS THAT TRANSFORM LIVES

After her husband was diagnosed with mild cognitive impairment, Anne* found hope and support through one of Alzheimer’s Orange County’s early memory loss programs, Memory University. Initially struggling to find adequate care, she discovered the program online. The compassionate guidance and instruction they received from expert instructors over multiple weeks provided her and her husband with practical strategies to navigate their journey and begin planning ahead. This program not only educated them, but also fostered a supportive community.

“Having someone to talk to in a group who's going through what you're going through is highly valuable.” - Anne

**Name has been changed to maintain confidentiality*