# **Dementia Caregiver Education Series 2025**

To benefit caregivers and those they love

# **Are You Equipped?**

Hosted by the Adult Day Program and Healthy Brain Center at Mount of Olives Church in collaboration with Alzheimer's Orange County

#### **Four Event Series**

Event 1:	Equipping Caregivers for the Trek
	Patty Mouton, MSGc, Alzheimer's Orange County
	Saturday, April 12th from 9:00am-11:00am
Event 2:	Personality Changes due to Dementia
	Dr. Aaron Ritter, Director of the Memory & Cognitive
	Disorders Program at Hoag's Pickup Family
	Neurosciences Institute
	Saturday, June 7th from 9:00am-11:00am
Event 3:	What About Me? Alzheimer's Early Detection and
	Prevention for the Caregiver
	Dr. Dung Trinh, Chief Medical Officer of Healthy Brain
	Clinic, a Board Member for Alzheimer's Orange County
	Saturday, August 9th from 9:00am-12:00pm
	3 CEU's available

# Event 4: Normal Aging vs. Dementia Dr. Kent Peppard, clinical psychologist Saturday, October 18th from 9:00am-11:00am









### This is a FREE event

Doors open to the public at 8:00am

## To register:

### Website

Call

E-mail

adp.moochurch.org

(949)581-3800

adpinfo@moochurch.org



**CLICK HERE** 

Event Location Mount of Olives Adult Day Program in Mission Viejo 24772 Chrisanta Drive